



**PARENTLINE PLUS is running a *Free Workshop***

# **Can Do Kids**

**Ideas on how to help your children grow up feeling confident and build their self esteem**

**at**

**Heath Lane Children Centre**

**Hemel Hempstead**

**On**

**Tuesday 19<sup>th</sup> May 2009**

**7.00 – 9.00pm**

**To book a place**

**Telephone: 01442 261043**



**Parentline Plus is a national charity**

**HELPLINE 0808 800 2222 [www.parentlineplus.org.uk](http://www.parentlineplus.org.uk) TEXTPHONE 0800 783 6783**  
Parentline Plus is the operating name of FamilyLives. Registered charity number 1077722. Registered company number 3817762